

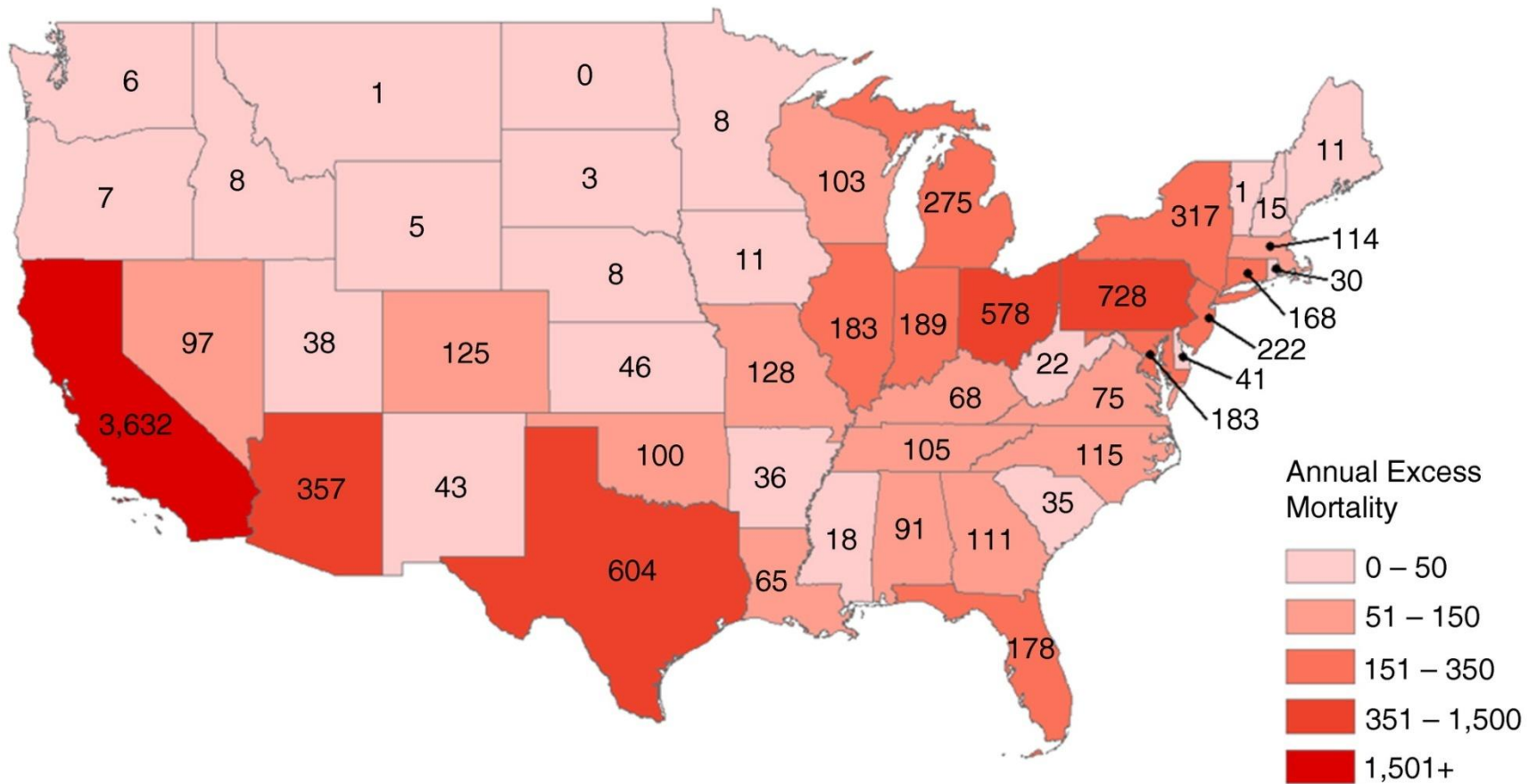


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# **PUBLIC HEALTH & AIR QUALITY**

*Kevin Cromar, PhD*



### NATIONWIDE TOTALS

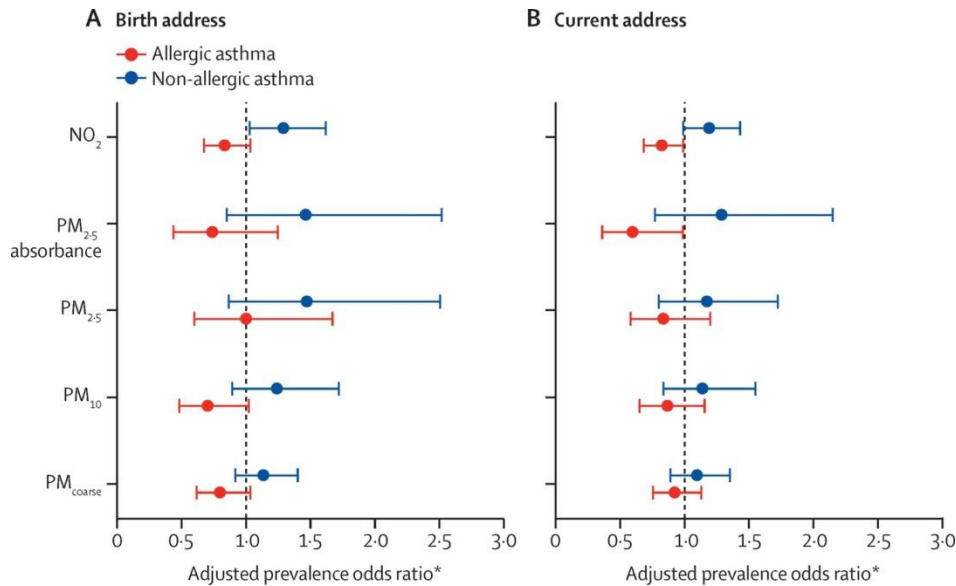
Ozone (O <sub>3</sub> )			Fine Particulate Matter (PM <sub>2.5</sub> )		
Health Category	Estimate	95% CI	Health Category	Estimate	95% CI
Mortality	6,408	(2,517 – 10,217)	Mortality	2,913	(1,980 – 3,858)
Morbidity	15,869	(–4,966 – 36,023)	Morbidity	5,543	(1,741 – 9,253)
Impacted Days	16,991,656	(4,651,415 – 28,781,244)	Impacted Days	2,348,094	(1,928,554 – 2,765,482)

# Update on Public Health Impacts

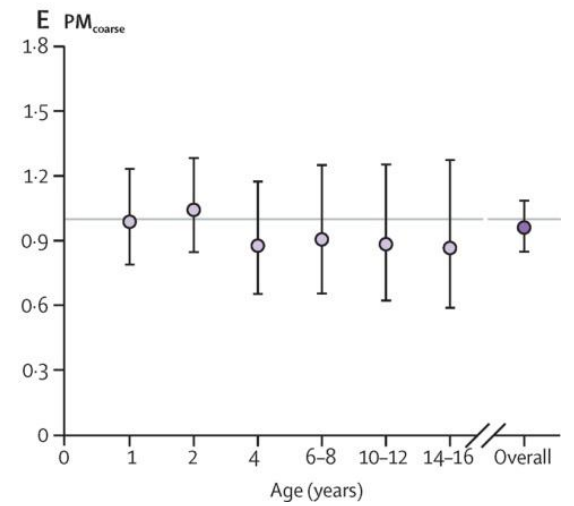
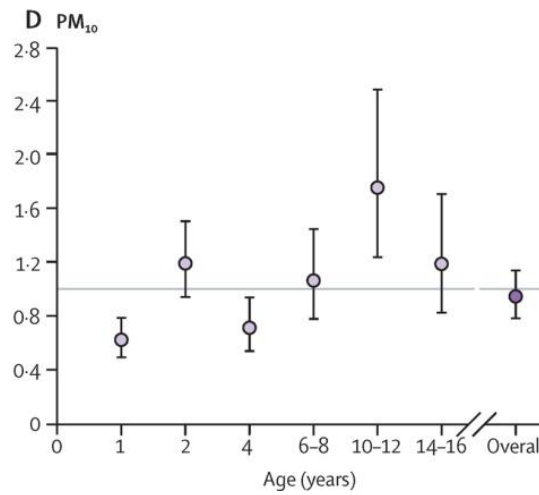
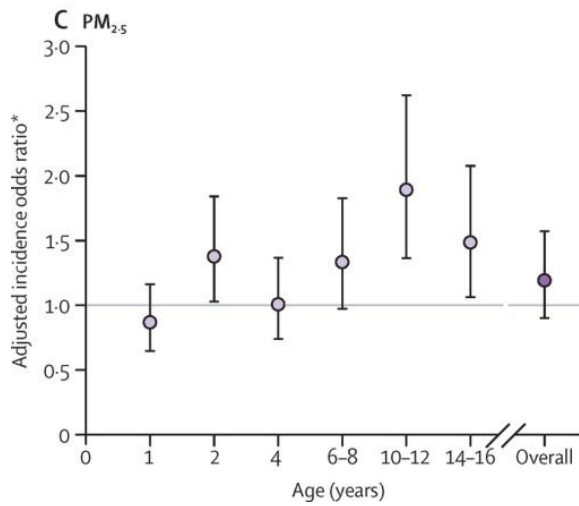
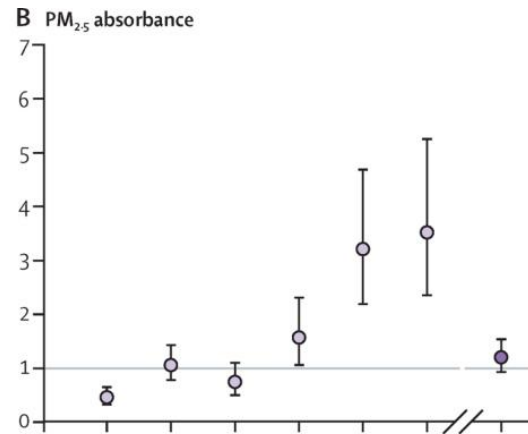
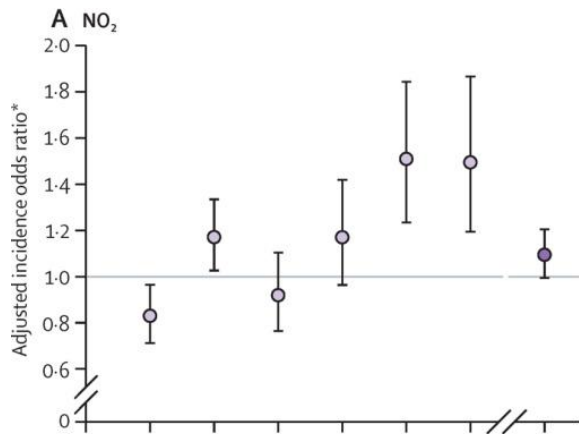
*Development of asthma in children, lung cancer incidence, neurological health outcomes, and mortality risks at low ambient concentrations*



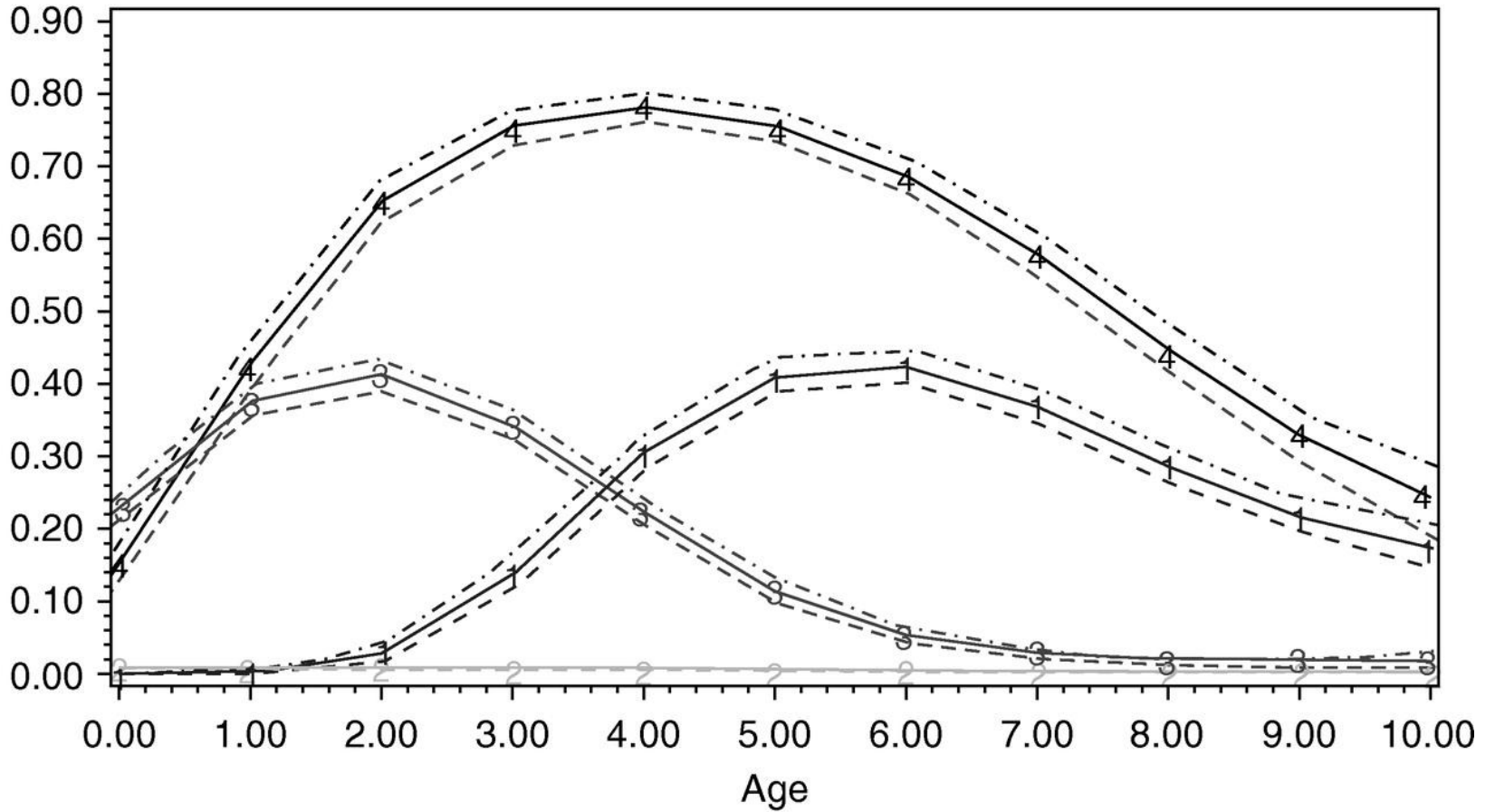
# 1. DEVELOPMENT OF ASTHMA



- Growing evidence from prospective cohort studies indicate a causal role of ambient air pollution in the development of asthma in children
- These effects are most easily observed in school aged children (> 4 years)



p(Asthma)



Group Percents	+++ 4.1	--- 88.8	-.-.- 5.6	... 1.5
	---	---	---	---
	-.-.-	-.-.-	-.-.-	-.-.-

Exposure	Exposure Level <sup>†</sup>	Group	Unadjusted Models		Adjusted Models	
			RRR	95% CI	RRR	95% CI
NDVI	3 vs. 0	T	0.88	0.88–1	0.91	0.80–1.05
		LO CA	0.92	0.79–1.07	1.05	0.90–1.23
		EO CA	0.88	0.72–1.09	1.01	0.81–1.25
	2 vs. 0	T	0.98	0.87–1.11	0.98	0.86–1.11
		LO CA	1.2	1.04–1.38	1.29	1.12–1.49
		EO CA	1.08	0.89–1.31	1.15	0.94–1.41
	1 vs. 0	T	1	0.88–1.13	0.98	0.86–1.12
		LO CA	1.06	0.92–1.23	1.09	0.94–1.26
		EO CA	0.96	0.78–1.18	0.98	0.80–1.20
NO <sub>2</sub>	3 vs. 0	T	1.13	0.98–1.29	1.14	1.00–1.31
		LO CA	1.11	0.95–1.3	1.04	0.88–1.22
		EO CA	1.21	0.96–1.51	1.15	0.98–1.44
	2 vs. 0	T	1.08	0.94–1.23	1.06	0.93–1.22
		LO CA	1.39	1.19–1.62	1.30	1.11–1.52
		EO CA	1.27	1.02–1.59	1.20	1.00–1.51
	1 vs. 0	T	1.13	0.98–1.29	1.11	0.96–1.51
		LO CA	1.25	1.07–1.46	1.20	1.03–1.41
		EO CA	1.51	1.22–1.89	1.51	1.21–1.88
PM <sub>2.5</sub>	3 vs. 0	T	1.10	0.96–1.27	1.06	0.93–1.22
		LO CA	1.03	0.88–1.21	0.95	0.81–1.12
		EO CA	0.94	0.76–1.16	0.85	0.69–1.07
	2 vs. 0	T	1.32	1.15–1.50	1.24	1.08–1.42
		LO CA	1.36	1.18–1.58	1.24	1.07–1.45
		EO CA	1.11	0.90–1.37	0.99	0.80–1.23
	1 vs. 0	T	1.22	1.06–1.39	1.16	1.00–1.32
		LO CA	1.21	1.04–1.40	1.13	0.97–1.32
		EO CA	1.28	1.04–1.56	1.17	0.95–1.43

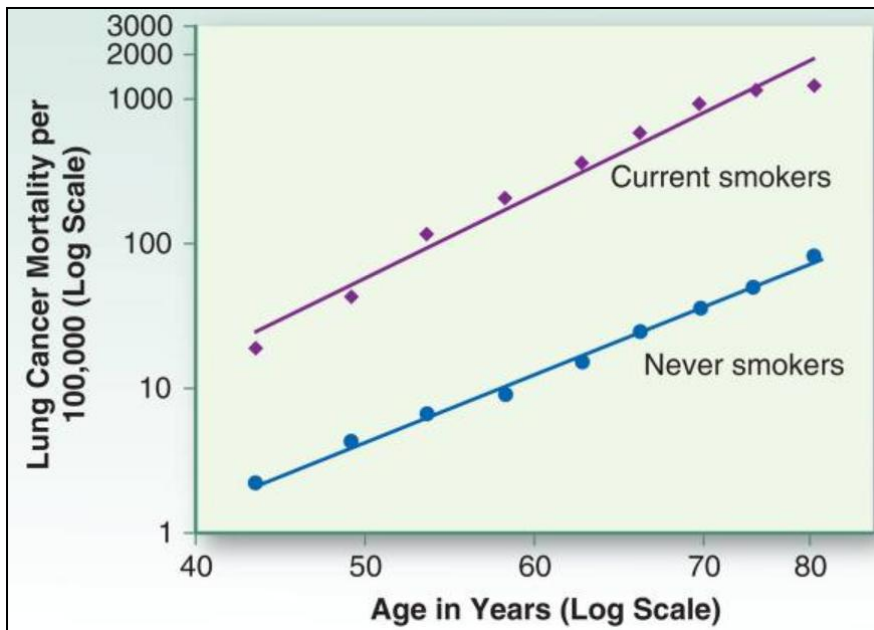
*Definition of abbreviations:* CI = confidence interval; EO CA = early-onset chronic asthma; LO CA = late-onset chronic asthma; NDVI = Normalized Difference Vegetation Index; PM<sub>2.5</sub> = fine particulate matter with aerodynamic diameter 2.5 μm or less; RRR = relative risk ratios; T = transient.

\*Models were adjusted for sex, parity, breastfeeding initiation, birth weight, delivery mode, maternal smoking and educational attainment, and household income.

<sup>†</sup>Categories were defined as quartiles of exposure levels.



## 2. LUNG CANCER

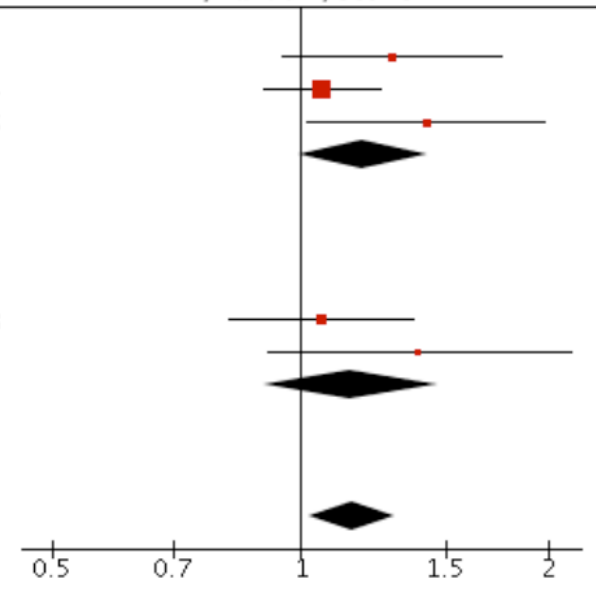


- Approximately 10-15% of all lung cancer deaths are caused by factors other than active smoking
- Lung cancer in never smokers would be one of the leading causes of cancer-related mortality if considered as a separate category





Study or Subgroup	log[Risk Ratio]	SE	Weight	Risk Ratio IV, Random, 95% CI	Year	Risk Ratio IV, Random, 95% CI
<b>1.1.1 North America</b>						
Hystad 2013	0.2546	0.1561	14.4%	1.29 [0.95, 1.75]	2013	
Puett 2014	0.0583	0.0835	45.6%	1.06 [0.90, 1.25]	2014	
Gharibvand 2016	0.3507	0.1688	12.3%	1.42 [1.02, 1.98]	2016	
<b>Subtotal (95% CI)</b>			<b>72.3%</b>	<b>1.19 [0.99, 1.43]</b>		
Heterogeneity: Tau <sup>2</sup> = 0.01; Chi <sup>2</sup> = 3.05, df = 2 (P = 0.22); I <sup>2</sup> = 35%						
Test for overall effect: Z = 1.88 (P = 0.06)						
<b>1.1.2 Europe</b>						
Beelan 2008	0.0583	0.131	20.0%	1.06 [0.82, 1.37]	2008	
Raaschou-Neilsen 2013	0.3293	0.2161	7.6%	1.39 [0.91, 2.12]	2013	
<b>Subtotal (95% CI)</b>			<b>27.7%</b>	<b>1.15 [0.90, 1.47]</b>		
Heterogeneity: Tau <sup>2</sup> = 0.00; Chi <sup>2</sup> = 1.15, df = 1 (P = 0.28); I <sup>2</sup> = 13%						
Test for overall effect: Z = 1.12 (P = 0.26)						
<b>Total (95% CI)</b>						
			<b>100.0%</b>	<b>1.15 [1.03, 1.30]</b>		
Heterogeneity: Tau <sup>2</sup> = 0.00; Chi <sup>2</sup> = 4.21, df = 4 (P = 0.38); I <sup>2</sup> = 5%						
Test for overall effect: Z = 2.37 (P = 0.02)						
Test for subgroup differences: Chi <sup>2</sup> = 0.05, df = 1 (P = 0.82), I <sup>2</sup> = 0%						



“There is *sufficient evidence* in humans for the carcinogenicity of outdoor air pollution. Outdoor air pollution causes cancer of the lung.”

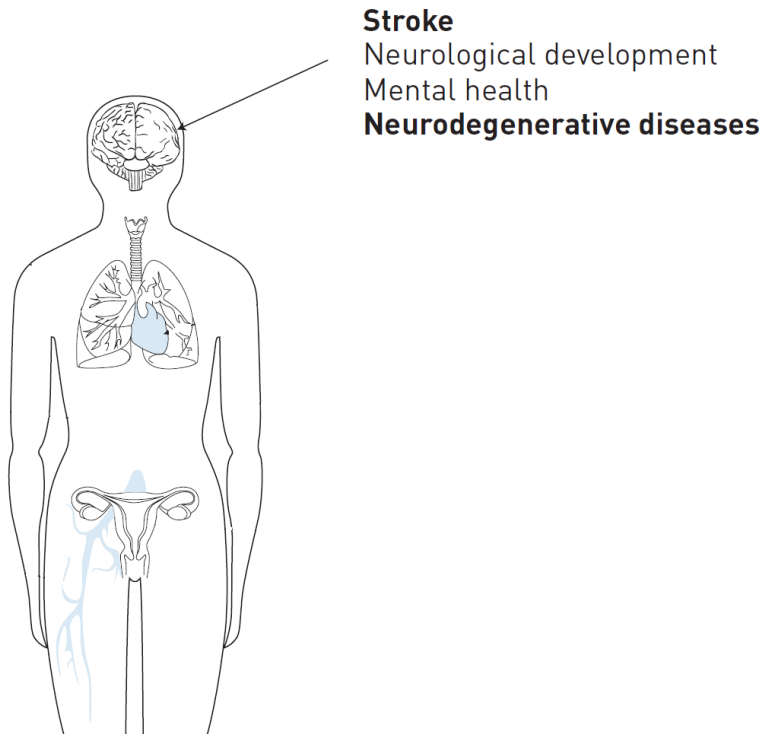
IARC MONOGRAPHS – 109, p. 443 (2016)



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### 3. NEUROLOGICAL HEALTH



- Epidemiology studies are starting to find associations between outdoor air pollution and neurological health outcomes
- Many of the existing studies have focused on long-term exposures and traffic-related air pollutants



TABLE 7 Neurological and psychiatric conditions tentatively associated with air pollution and examples of markers of neurological effects

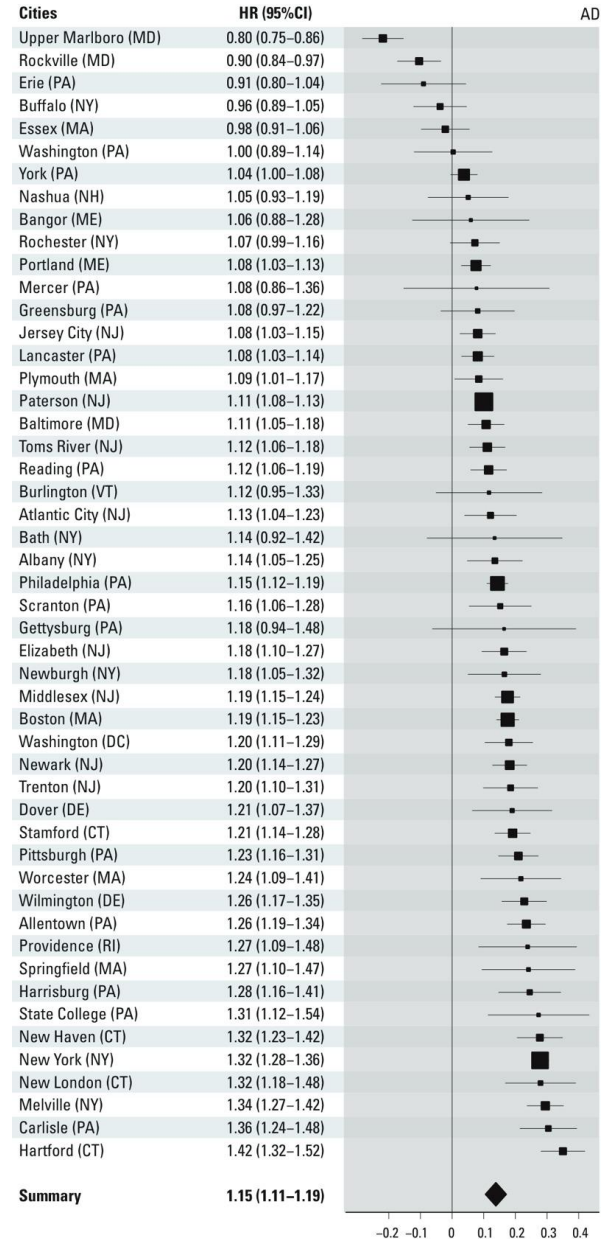
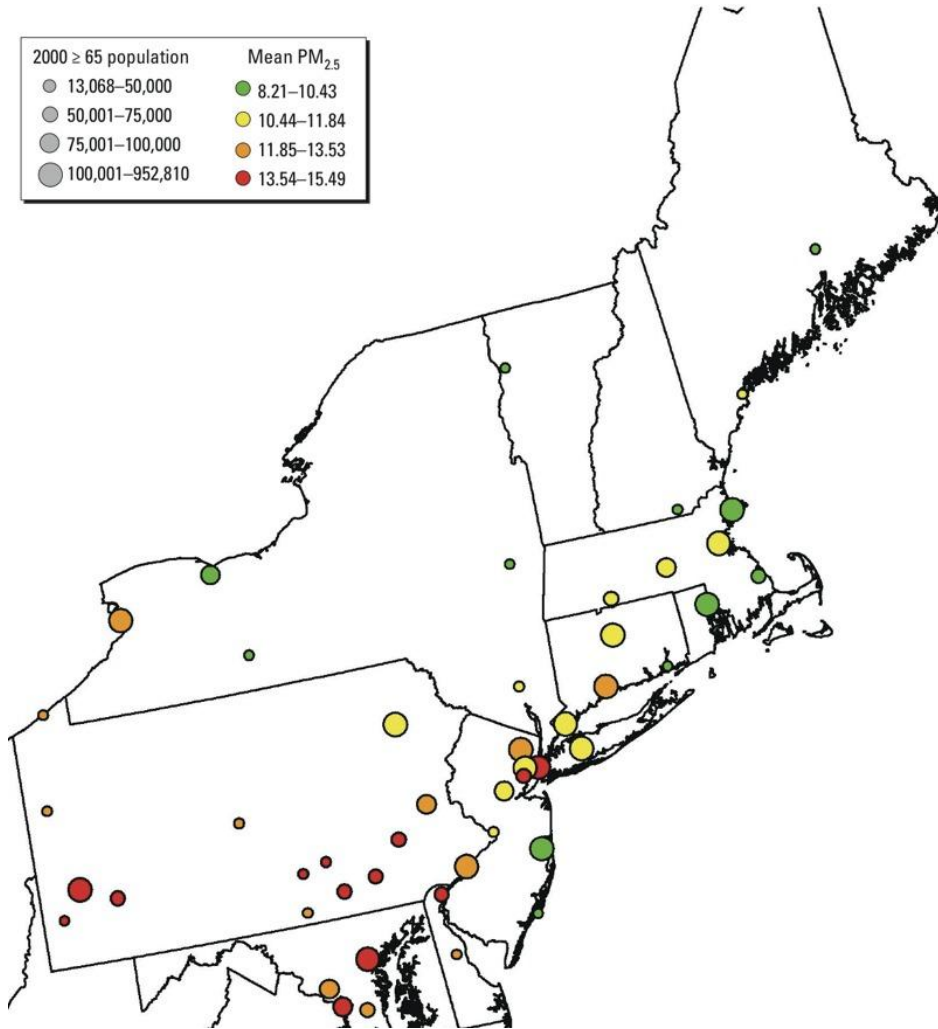
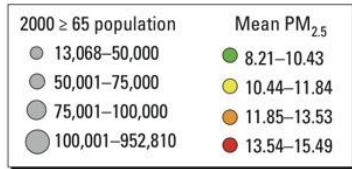
**Conditions**

Alzheimer's disease and other dementias  
Parkinson's disease  
Reduced cognitive function in adults  
Delayed neurodevelopment in children  
Depression  
Anxiety disorders

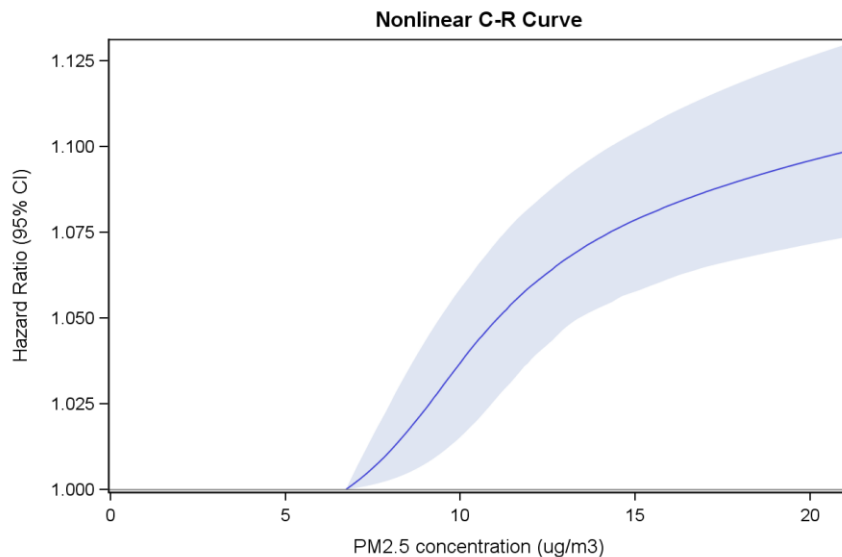
**Markers**

Structural brain damage at functional magnetic resonance imaging  
Neurobehavioral testing  
Cognitive function testing



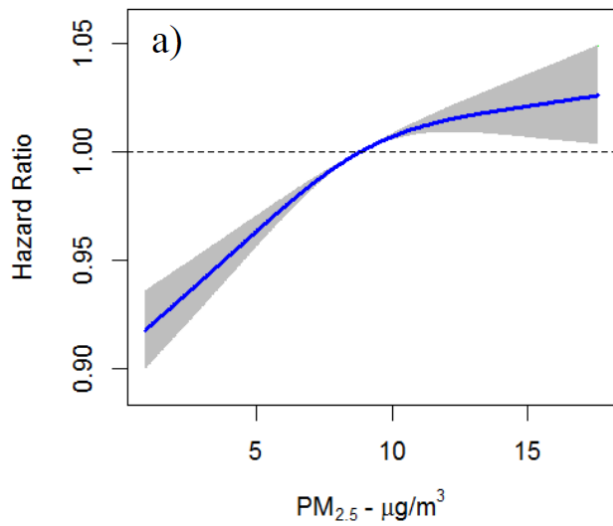


## 4. MORTALITY RISK AT LOW AMBIENT CONCENTRATIONS

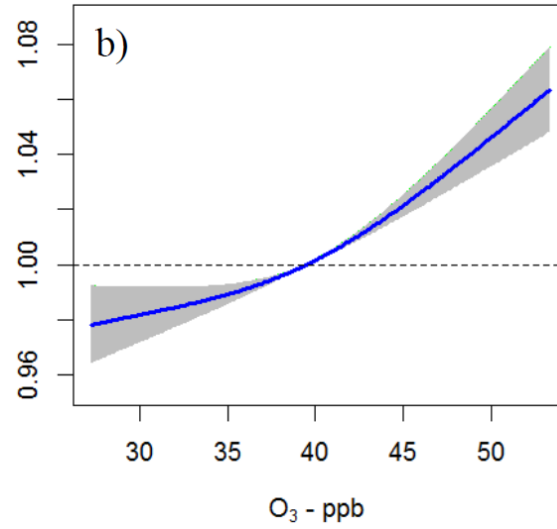


- Mortality risk is associated with outdoor air pollution
- Ambient air pollution concentrations in the US are generally lower than the average exposures levels from US-based prospective cohort studies ( $PM_{2.5} = 14.4 \mu\text{g}/\text{m}^3$ )

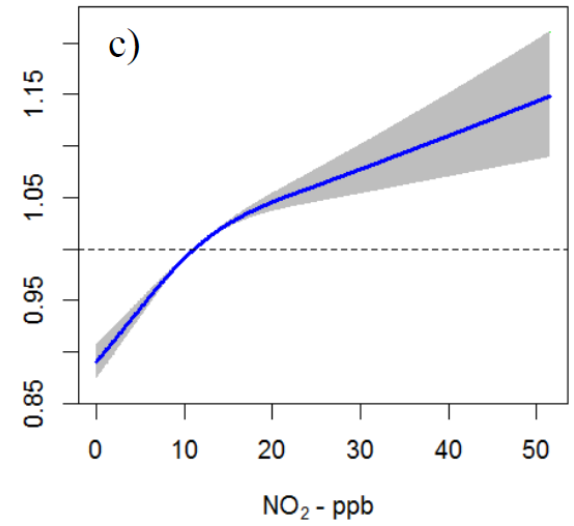




Mean PM<sub>2.5</sub> = 8.9 μg/m<sup>3</sup>



Mean O<sub>3</sub> = 39.6 ppb



Mean NO<sub>2</sub> = 11.6 ppb



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“a relative risk in ischemic heart disease mortality of 1.20 associated with a change in PM<sub>2.5</sub> exposure from 5 µg/m<sup>3</sup> to 10 µg/m<sup>3</sup>.”

**Canadian Census Health and Environment Cohort Study**



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# Maintaining a Focus on Health

*Risk communication, regulatory review, and program development*



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# HEALTH EFFECTS OF AIR POLLUTION

Air Quality Index (AQI) - A Guide to Air Quality and Your Health

U.S. Environmental Protection Agency

The AQI is an [index for reporting daily air quality](#) so citizens can reduce their exposure to poor air quality and learn about the associated health effects that may be concern to them.

### **1. What Is the AQI?**

The AQI is a tool that simplifies reporting air quality to the general public. The AQI incorporates into a single index concentrations of 5 criteria pollutants: ozone (O<sup>3</sup>), particulate matter (PM), carbon monoxide (CO), sulfur dioxide (SO<sup>2</sup>), and nitrogen dioxide (NO<sup>2</sup>). The scale of the index is divided into general categories that are associated with health messages.

### **2. Why Report the AQI?**

The AQI offers various advantages:

- a. It is simple to create and understand.
- b. It conveys the health implications of air quality.
- c. It promotes uniform use throughout the country.

### **3. Must I Report the AQI?**

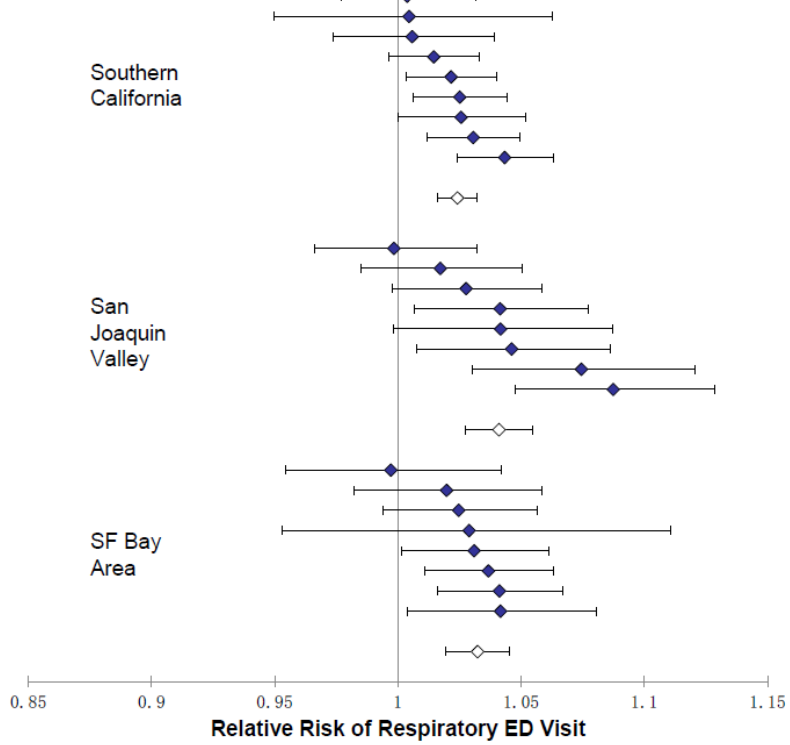
You must report the AQI daily if yours is a metropolitan statistical area (MSA) with a population over 350,000.

### **4. What Goes Into My AQI Report?**

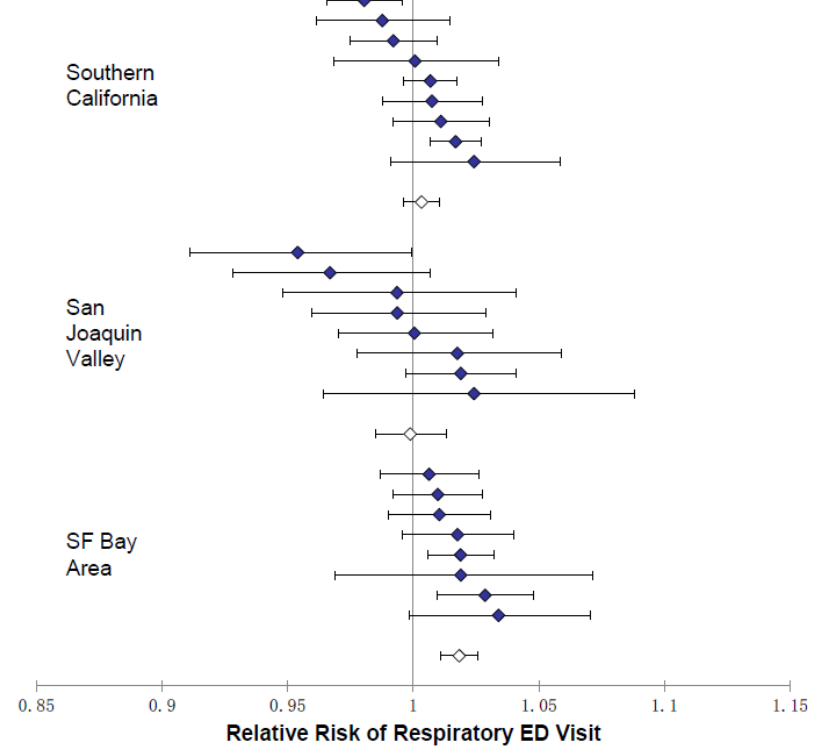
- i. Your AQI report must contain the following:
  - a. The reporting area(s) (the MSA or subdivision of the MSA).
  - b. The reporting period (the day for which the AQI is reported).
  - c. The critical pollutant (the pollutant with the highest index value).
  - d. The AQI (the highest index value).
  - e. The category descriptor and index value associated with the AQI and, if you choose to report in a color format, the associated color. Use only the following descriptors and colors for the six AQI categories:



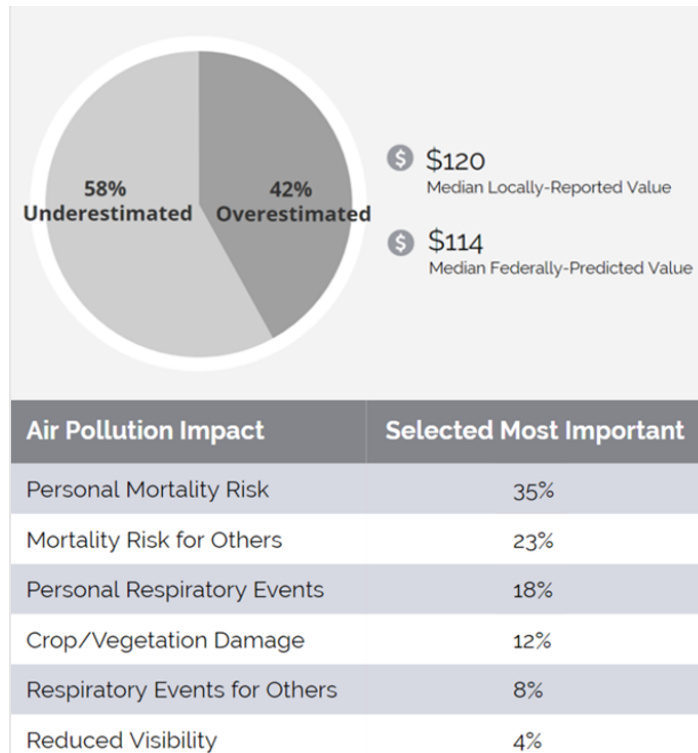
**November - February**



**March - October**



## Use of Federal Methods for Regulatory Review at the State Level



- Consideration of the health impacts of air pollution is an institutionalized aspect of federal rulemaking
- Some states may not consistently perform quantitative analysis for air quality regulations prior to implementation



